

0300 790 6267 (8am – 8pm) FOR VIDEO CONSULTATION

Get advice quickly and safely for injuries including:

- strains, sprains and suspected broken bones of arms and legs
- wounds and minor burns
- damage to joints, ligaments, muscles, nerves and tendons
- minor bumps to head and face
- simple eye injuries
- insect bites and stings





NHS Lothian now provides a Minor Injury Assessment by video call. This can help patients aged 8 years and over with an injury less than 14 days old.

Call 0300 790 6267 to arrange a confidential consultation with a Minor Injuries Nurse Practitioner.

You might be able to treat the injury at home or with help from a local pharmacy.

If you need to attend the minor injury service, for further examination or treatment, you will be given a convenient appointment.

services.nhslothian.scot/CallMIA

We care about people and helping you get the right care in the right place

